

# *Cleaning Gemstones*



## Introduction

I have spoken much on the use or wearing of natural quartz and mineral stones to enhance our energy vibration and thereby increase the chances of attracting windfall or fortune. In this article, I am going to give a comprehensive guide on how to cleanse and maintain the stones so that they always function at their optimal level to enhance your vibration and protect you against negativities.

## Cleaning Gemstones

There are many ways to clean crystals of negative energy. Here are some suggestions:

- 1) **Natural Method:** Place in Sunlight (See Sunlight chart below), Moonlight or Rain (See Water Method) for up to a day. Placing the stone on or near a plant often quickens the process.
- 2) **Crystal Method:** If small, can place them on a Quartz or Amethyst cluster. Great way to clean necklaces. Clusters could be dedicated for this purpose with a clear intent. Clean Cluster every month or two in rain or sunlight if possible. An amethyst geode works great for this purpose.

- 3) **Sage Tea Method:** This method is effective with less possibility of damaging the stones. Take a sage (fresh is always better but not mandatory) and brew a pot of light tea and allow it to cool. Place your crystals in a bowl (use glass bowl) and pour the cooled tea over them. Leave them overnight. Then remove them and rinse with clean and pure water. Since they are chemicals in most water systems, you may wish to buy a gallon of distilled water for this purpose.
- 4) **Smudge method:** Pass stones through smoke of scented incense such as sweet glass, frank incense, sage or Dragon Blood of passing them through a candle flame.
- 5) **Water Method:** Place stones under alternating hot and cold running water for 5 minutes (or in rain for many hours.) It is preferable to have water filter system on your tap to filter out some of the chemicals if possible. This is quick and easy but the drawbacks; some stones lose their coatings when they get wet such as Lapis, Malachite and Sodalite. They often are stronger after this is done, though, but they get damaged faster. Cleaning these stones in the sun and moonlight works fine. Stones really like rain. It cleans them much better than the sink method if the weather is conducive.
- 6) **Sea Salt Method:** Use about 1 cup of sea salt to 2 cups of natural spring water, or distilled water. Place stones in the salt and let them soak for the better part of the day or overnight. If the day is sunny, let them dry in the sunshine for a few hours, or if they are lunar stones, lay in the moonlight on a window sill through the night.
- 7) **Sand Method:** When all else fails, or you are having a hard time cleaning something, bury it in moist sand (or soil).
- 8) **Mantra Method:** Hold stone with your right hand and chant a mantra. Om Ah Hum or Om Mani Padme Hum. I use the Mantra of Light of the Sun Buddha Maha vairocana. Before chanting, form an intention to cleanse the stones. Chanting prayers of other religion and faith also work in the same way in asking the

divine forces to cleanse, and strengthen the energy of this stone accessory and bless them to proffer good luck and protection.

- 9) **White Light Method:** Hold stone in your right hand and visualize a beam of pure white light descending from above on to stone. Hold your attention for as long as you can, though I take about a minute to clean it using this method. This is a very good method of training to bring down the white light for healing and protective method. Can also use in conjunction with mantra chanting method.
- 10) **Solar Plexus Method:** Hold stone with right hand about six inches in front of your solar plexus chakra. You should adjust the distance between the stone and your solar plexus chakra until you feel tagging sensations there. Visualise a white flame burning and cleaning the stones. Hold it for around a minute.

Thank you for reading my article.

*By Master Anthony Leong*



Master Anthony Leong

***I specialize in fine tuning and turbo charging of energy for Health, Healing & Good Luck Energy.***

**Additional Services:**

1. Empowering of talismans, charms, and pendants (including stones and crystals)
2. Cleaning of skin, pores and face to bring back a healthy glow and receive positive and good luck energy.
3. Divination of wealth, health, career, relationship and family matters.

**For appointment,  
Call or SMS 93874088 (Charles)**