

How to Sense & Feel Crystal Energy (Part II)

In Part II, I will continue with other techniques, programming of crystals and the benefits of your ability of feeling and sensing crystals and stones. This will help you to select or buy crystals and stones that resonate or vibrate with you.



Some stones have light vibration while other stones have heavy vibration. They normally follow the scale of the rainbow 7 colours – red, orange, yellow, green, blue, indigo and violet (or white). The red stones have heavier vibration while the other colour stones have progressively lighter vibrations.

I shall explain other techniques of feeling and sensing the stones. As a norm, stones or even objects, which have negative vibrations, are heavier in feeling. Remember that lower entities thrive in lower vibration realms – hence they tend to take on the vibration of the lower scale of red, orange or yellow. Their heavier negative vibrations are different from the positive vibrations of the original colours (red, orange and yellow). The objects with negative vibration have the repelling sensation, or needle pricking pains, sometimes making your solar plexus churned uncomfortably. On the other hand, the original colour stones (ie. red, orange and yellow) have the pleasant feeling upon our touch.

Next, to consider is the strength of vibration. Some stones are strong and some weak in their vibration frequency. Some are so strong that they seem to numb your hand upon touching, while some are so light you can

hardly feel them. Normally, a stone that has been blessed or magnetised by chanting has a higher strength of vibrations, though some are naturally strong by their natural constitution. Meteorite originated stones have these natural robust vibrations and they are favoured stones for protecting against negativity.

I also teach the programming of stones which involves the discerning of the vibration of emotion. I tell my students to hold each stone, one at a time, and try to project their thoughts into it. They are told to project a thought of a past happy event and another, a sad event. When they pick up these stones again to feel their vibration, they will notice that there is indeed a marked difference between the two. For the stone programmed with the happy memories, it is faster, lighter, livelier and more pleasant to touch. Whereas the stone that contained the “sad” past has a heavier, slower and unpleasant vibration. Some students may be moved to tears when they touch the “sad” stone.



Besides, feeling the vibration at the finger tips, we could also discover that the stone resonates with other parts of our body. One is the effects on our chakras depending on the type and colour of the stones. But sometimes we may get the corresponding sensation in odd parts of our body like our shoulders, our forehead or even our legs.

I have also taught the method of transference of energy. Students are asked to hold and feel the vibration of the stone in their left hand and transmit these vibrations to their right hand. After some practice, they should be able to feel the same vibrations, albeit less prominently, on their right hands. This is a fundamental step to teach my student how to

tap energy of stone with their left receiving hand and project it out via their right hands.

At a more advanced level, we could use our eyes to look at them and pick up their vibrations. Space and time dimensions become non-barriers, as we could feel these quartz and stones by looking at them even they are in photographs. We could even pick up their vibration when we recall from our memory bank how they looked like.

We could even use our whole body to feel and pick up their vibration frequencies. To be more precise, we are using our pores to sense them. Remember when you go to a natural enclave of quartz and natural stones, the first experience would be the overpowering or uplifting vibes in the air. You are feeling the whole community of these stones in the proximity. The same goes with your experience when you first step into a rock shop. You may consciously or unconsciously feel first with your skin, the collective vibrations of the different stones in the shop.

I hope I have given you a basic understanding of the various ways of feeling and sensing quartz and stones. Thank you for reading my article.



Master Anthony Leong

FUSION ENERGY COURSE

I conduct a Fusion Energy Course where I teach how to feel and sense as well as programming and personalisation of crystals and stones for positive energy in greater detail at Foundation Level training.