

Crystal Cleansing Bowl



Last month, I discussed about some methods of cleansing crystals and stones. In this article, I am going to introduce another superb instrument called the Crystal Cleansing Bowl or Crystal Singing Bowl. It is used to generate a very powerful sound vibration

to cleanse and strengthen the vibration of the stones and crystals to attract positive energy.

Sound is a form of therapy commonly known as sound therapy. When you listen to something soothing, you will start to feel comfortable and happy. Crystal bowl has a lovely and calming tone, not only we can use it to cleanse crystals; we can strengthen the energy of any space, premise or place.

I have been using this 15 " cleansing or singing bowl (above picture) that is made of "reconstituted" quartz which is a powerful cleanser of quartz crystals and stones, or for that matter any physical objects.

It removes all residual negative or foreign energy from the objects, and re-charges them with higher vibration. After the treatment, crystals and stones especially become brighter, more shiny and a real beauty to behold. I used to tell my customers that seeing is believing after I charge up an object that looks "brand new".

The cleansing is done by placing the objects inside the receptacle and generating a continuous hum – more like the "OM" – by rubbing a rubberized stick along its outer edge. The sound is awesomely loud and reverberated in the immediate surroundings,



attracting attention from curious onlookers. (Especially, when I was using it at a crystal shop I used to operate at the now defunct Pearl's Centre).

Stone and quartz items are required to be cleansed because they would have been handled by many people - from the time they were mined to the time they were sold. This is to get rid of the confusing range of good and bad vibration that had been inadvertently left behind in these stones by the people handling them.

Upon requests from customers, I could strengthen and "consecrate" the quartz and stones by chanting mantras and asking for blessings as I play the Cleansing bowl. In modern language, I help to re-programme them by downloading my intention to confer blessings of good luck, good health and protection to whoever their owner is maybe.

Once, my colleague and I were experimenting with cleansing a book entitled something like "*Thai Black Magic*". As we were doing it, we could literally see black coloured energy rising from the book we placed in the bowl. It is surprising that printed words and pictures could carry with them the negative vibrations of the contents in the book.

The Crystal bowl not only cleanses and rejuvenates natural quartz and stones; it is also effective in getting rid of negative energy from those items previously owned by other people, for example, second hand items purchased from pawn shops and stores. The Crystal bowl has been so conditioned after repeated use that the mere placement of the objects in it would result in the cleansing and charging action being automatically carried out.

I have also used the Crystal bowl to help purify the energy vibration of houses and office premises when I am engaged to perform house cleansing and blessing rituals. The "Om" sound emitting from the Crystal bowl not only



cleanses items placed inside the receptacle but it also disperses the powerful sonic vibration outward to purify the surroundings. Most low-level spirits and ghosts would be frightened away once the crystal bowl is activated. The resulting uplifting of energy within the premises also helps improve good “Feng shui” effects.

Another benefit of the Crystal bowl is that it has greatly improved my chanting of mantra, especially the “Om” sound. It has also helped strengthen my Crown chakra as the continuous vibration of the Om sound reverberates when I deploy it.



Master Anthony Leong

I specialize in fine-tuning and turbo charging of energy for Health, Healing & Good Luck Energy.

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2. Cleaning of skin, pores and face to bring back a healthy glow and receive positive and good luck energy.
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