

# How Psychic Energy Works (Part II)

In Part I, I briefly explained the existence of human energy and some methods of using human energy for healing.

In this Part II, I will continue with the use of energy for **remote diagnosis and healing, clearing of negative energy, empowering of individuals for health benefits and wellness.**

In the practice of traditional Qigong healing, the practitioner deploys the energy from the **Dan Tian** acupuncture point, which I feel is the same as **Sacral Chakra**.

So we can draw the logical conclusion that he is working on his emotional energy field linked to his sacral chakra to project the Qi energy. The Qigong Master can charge up the strength of his projection of Qi by filling up his Dan Tian acupuncture point through



Dan Tian or Sacral Chakra

rapid inhaling either by breathing or by manipulating his spores to access the energy.

At a higher level, we can command our thoughts to create “Thought Forms” that could be applicable to perform **healing or clearing negative energy**. Over the years, I have learnt to conjure etheric pyramid and etheric healing orbs, or imaginary white healing clouds for this purpose. Again, the basis of the

thought forms so created is to tap on the three lower energy fields, especially the mental energy field that is governed by the **Solar Plexus Chakra**. To be able to perform all these feats, the training of the mind is mandatory – especially in the ability to visualise, to concentrate and to hold attention to a particular thought form. This is where Meditation takes an important place in our practice.



The ability to go beyond space and time with our energy application will be the next development as we practice and become advanced in this energy

realm. You will learn to do **remote diagnosis and healing** in the process. In remote healing, I can bring faraway persons or objects come towards me instantaneously and perform remote diagnosis and healing.

In **remote healing**, we form images of the targeted person in our mind's eyes, feel the presence of energy blocks or deficiency and try to analyse what have gone wrong with the person. We would know that his/her energy body has experienced malfunction and what need to be repaired. So, I send my energy to try to heal and by transmitting part of our lower energy fields across the space and time dimension to perform the healing.

It is possible that practice at a higher level, we could draw upon the **upper chakra's energy field** to manage and manipulate the

energy transmission through advanced spiritual training. The higher energy fields are characterised by higher vibrational frequency than the lower three energy fields – the etheric, emotional and mental.



Besides the **7 chakra points** and the corresponding energy fields, there are other out-of-the-body alternatives – such as the **Soul Star chakra**, about 2 feet above our crown chakra, the **Stellar Gateway** and the ultimate **Universe chakras**, and below us the **Earth Star Chakra**.

Overall, the success of our energy application lies on our ability to step up the amplitude or strength of the energy projection. My confident level in performing successful healing is affected by my inability to adjust at will the strength and amplitude of the energy deployment. In this respect, I do believe that some of the advanced practitioners are more successful in their healing exercises by channelling advanced spiritual beings such as deities or God.



Master Anthony Leong

I hope I have given you a general concept how remote healing can be performed. Thank you for reading my article.